



Important Update

The phone number for the
Mobile Medical Unit has changed.

Please call 816-861-4700 **x59801** or
1-800-525-1483 **x59801**

KCVA EVENTS

Opportunities Job Fair and Resource Expo

9/17/13 9am – 1pm

Jack Reardon Convention Center
Wyandotte Room (Lower Level)
520 Minnesota Avenue
Kansas City, KS 66101

Women Veterans Benefits Fair

9/20/13 2pm – 7pm

Sermon Center
Truman and Noland Roads
201 N Dodge St.

KC Ability Expo

9/28/13 10am – 4pm

Overland Park Convention Center

3rd Annual Veterans October Fest

10/5/13 11am – 3pm

Overland Park Convention Center
Valley Speedway, 348 E. Old 40 Hwy,
Grain Valley, MO 64029

Medical Foster Homes

The Medical Foster Home (MFH) Program is an exciting new program in the startup phase at the KCVA. It provides an alternative to nursing home care. It is a private home with a trained caregiver. It is a private pay option for the Veteran to compensate the caregiver. The payment is for room, board, personal care, and daily tasks while living with the caregiver in a VA approved MFH. We are now looking for caregivers willing to open their homes to Veterans.

Please call Korri and Colleen at (816) 922-2009 for more information.



Our Optical Shop
has relocated to
Room MB-495



**Many improvement projects are planned
over the next few years.
Stay tuned for important construction
updates!**

Summertime Safety

Information from cdc.gov

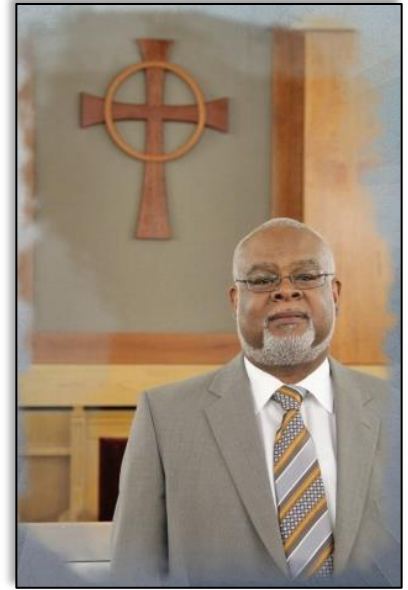
The warmer temperatures brings thoughts of freedom, relaxation, exploration, and being closer to nature. Whether you're relaxing in the backyard, turning up your garden, enjoying the pool, or exploring the great outdoors, here are some ways to help keep you and your family healthy this spring and summer.

- When grilling use a meat thermometer to ensure that your meat and poultry is thoroughly cooked.
- Avoid binge drinking.
- Ticks can transmit Lyme disease. Avoid tick-infested areas and use a repellent containing 20% DEET.
- Avoid being outdoors during the midday if the sun is intense, use sunscreen with at least SPF 15, cover up with clothing, wear a brimmed hat, and wear sunglasses that block UVA and UVB rays.
- Be aware of the signs of heat stress and drink plenty of water.

For more information on how you can stay safe and healthy this summer,

visit www.cdc.gov/features/summertimesafety

Welcome!



Join us in welcoming our new Chaplain, John Ellis.

Chaplain Ellis comes to us from Augusta, Georgia and is an Army Veteran.

Writing is Good Medicine!

VETERANS:

You are encouraged to write for therapy and to share your prose, poetry and art for possible publication in a national magazine, *Veterans' Voices*.



BENEFITS:

Feel Better!
Exercise Your Imagination!
Share your experiences with family, friends and others!
Perhaps win a prize and receive a check \$ \$ \$.

Start writing today! Give your manuscript to a VAMC staff member to mail to HVWP.

Hospitalized Veterans Writing Project, Inc. National Headquarters
5920 Nall Ave., Suite 101, Mission, KS 66202-3456

Call: 913-432-1214

e-mail: veteransvoices@sbcglobal.net go online: www.veteransvoices.org

Fellow veterans, get involved! Post this information in your facility!

AUGUST ICARE
VALUE OF THE MONTH
Advocacy

"To act on behalf and in the best interest of an individual."

ICARE Connection
I will ensure that my actions and decisions are in the best interest of Veterans.

Kansas City VA Medical Center

816-861-4700

www.kansascity.va.gov

Veterans Crisis Line

1-800-273-8255



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